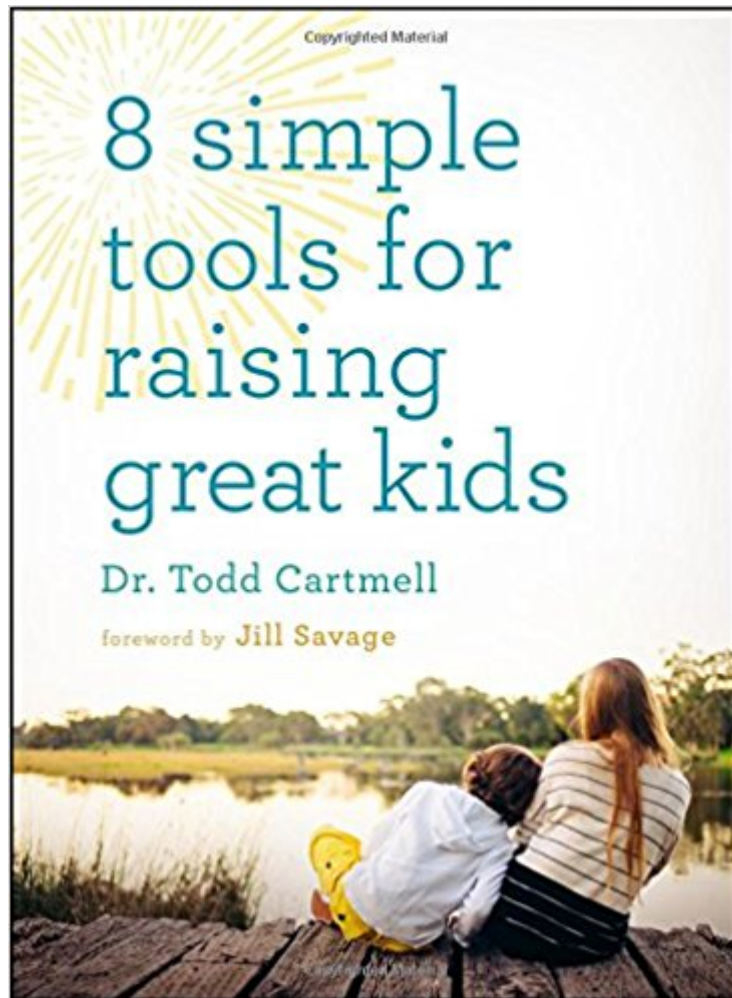




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8 Simple Tools For Raising Great Kids



Synopsis

Finally, a practical book for busy parents! Whether you find parenting intuitive or impossible, we could all use a hand here and there. And we could use it quick! In *8 Simple Tools*, a child psychologist and father Todd Cartmell walks you through the nuts and bolts of healthy, effective parenting. Using examples from his home and 20 years of professional practice, Todd gives eight essential and practical tools to help you: Listen well and respond wisely Use affirmation to influence your child Develop a nurturing home culture Correct behavior in lasting ways Maintain a healthy relationship with your child Designed with busy parents in mind, *8 Simple Tools* breaks each tool into five short chapters, perfect for when you only have a second. Plus, each chapter ends with a practical "Tip" section that summarizes the main point and helps you apply it right away. Use even half of the tools in your parenting, and your family dynamics will thrive. Your relationship will be built on love and trust, providing you with fertile ground for planting God's wisdom in your child's heart and, ultimately, seeing your child flourish.

Book Information

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Customer Reviews

"I love my child, but parenting is hard." Whether you find parenting intuitive or impossible, we could all use a hand here and there. Let child psychologist and father Todd Cartmell walk you through the nuts and bolts of healthy, effective parenting. Using examples from his home and 20 years of professional practice, Todd gives eight essential and practical tools to help you: Maintain a healthy relationship with your child Develop a nurturing home culture Correct behavior in lasting

waysDesigned for busy parents, 8 Simple Tools breaks each tool into five short chapters that include a summary tip and application questions. Use even half of the tools in your parenting, and you'll help your child flourish and your family thrive."8 Simple Tools is intensely practical, easy to read, heartwarming, and downright funny. You need a proven game plan for raising healthy kids who will grow up into great adults – and this is it!" – Arlene Pellicane, author of 31 Days to Becoming a Happy Mom and Growing Up Social

TODD CARTMELL is a child psychologist who practices in Wheaton, Illinois. He received his doctorate from Fuller Theological Seminary and is the author of several parenting books, including 8 Simple Tools. His parenting workshops have been enjoyed by thousands of parents throughout the country. Visit Dr. Todd's website at www.dr todd.net and follow him on Facebook.

Loved this book. Parenting may not be simple but Dr. Todd Cartmell puts some principles of parenting into easy to read, short chapters so you can get a lot out of a little reading time! I'm so glad I have this book- I have a feeling I will be returning to it from time to time to refresh myself on a couple sections.

Simply the most practical parenting book I've read...timely, inspiring and convicting. This book is perfect for the parent who feels a little stuck with where they are in their parenting and don't want just more of the same

My husband and I take a few minutes every morning to read this together. The wisdom is short and to the point. We highly recommend this book!

Great advice for anyone raising children in this 'Sorry, I am too busy to talk' environment we find ourselves living in.

Very practical and doable. Great book for small group sharing.

great

I'm always looking for tools and techniques to be a better parent because I never find that I'm parenting as well as I would like to. Sometimes, it's

great to get perspectives from an expert. So, when I had the opportunity to review 8 Simple Tools for Raising Great Kids, I was looking forward to the opportunity to learn from an expert. In this book, Dr. Todd Cartmell outlines 8 tools that parents have in dealing with their children to help build their relationship and to increase their effectiveness in parenting. Each tool is broken into five short and simple chapters of mini-tips that allow practical ways to develop this tool in your parenting strategy. For example, in the section on encouraging, there is a short chapter on pointing out positive behavior as well as a section short chapter on pointing out the positive trait that is behind the positive behavior. This allows you to go through and add these behaviors one small, doable step at a time until you are consistently doing most or all forty of the tips that Cartmell describes in the book. The chapters are also loaded with examples from his patients and his own parenting journey of how these tips play out in real life, and I think this is a really practical and easy to understand book for parents. I also think that each of the tools are manageable for all parents to put into practice if they focus on just one tip at a time. Despite all the good things about this book, however, I had one area of disappointment. Even though Cartmell references scripture and applies scriptural principles in areas of the book, I would have to say that this book is more a work of psychology with the blending of a few Biblical principles thrown in. I would have rather read a book that was drenched in Biblical truth, even if it had been a little less practical psychology to put into immediate practice. I left feeling like the book could have been altered just a little bit and done just as well as a secular parenting book and not a Christian parenting book. I didn't feel like there was anything in this book that specifically helps us to guide our children toward Jesus, the only one in whom we can be truly great. Disclaimer: I received a complimentary copy of this book from the publisher in exchange for an honest review.

This is a great little book, full of helpful parenting information and packaged in such a way that as a busy parent, it is doable to read. He has broken down each thought into small chapters of just a page or two with an encouraging tip at the end - which really summarizes the chapter for you. Dr. Todd Cartmell is a clinical child psychologist and this is one of at least three other books he has written. I like his manner throughout the books - it is encouraging and simple and very empowering. He highlights his points with real life style examples to illustrate each concept, which definitely adds more interest factor and relatability to it. At the end of each chapter he also has included a 'consider tip' which basically is just bringing it back to you to apply to your life. In most cases it is just a few questions to get you thinking about what you are currently doing and how you can be better. These are the areas he covers in the contents: 1. Talking 2. Listening 3. Influencing 4. Connecting 5.

Teaching6. Encouraging7. Correcting8. LeadingThis book is really valuable. Full of time tested wisdom and ways to really fine tune your parenting to be the best you can be and to bring out the best in your children. Often we do things and aren't even aware that we do them or how they are affecting our children.I would recommend this book.Please note that I was sent a copy of this book for purposes of review, however this review is entirely my own.

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